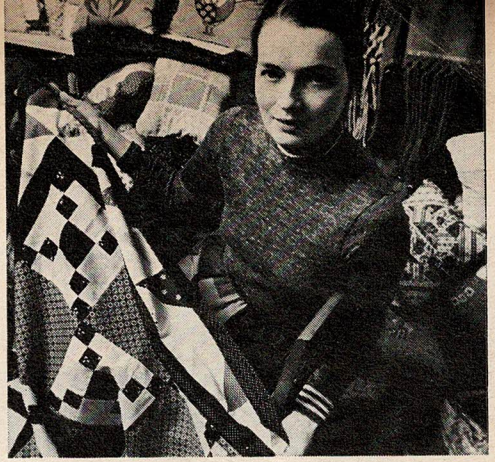




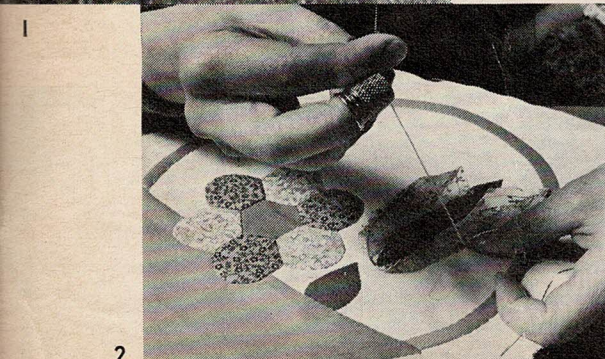
WANT TO
WARM YOUR HOME
WITH COMFORTING
CRAFTS? HERE'S
COLETTE WOLFF,
QUILTING AND
APPLIQUÉ
TEACHER, TO SHOW
YOU HOW.



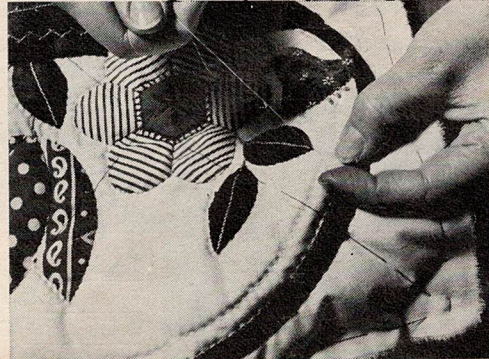
STITCH ALONG



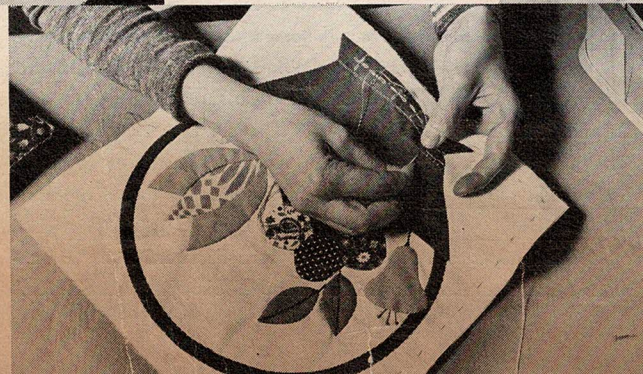
Doing appliqué, or sewing small pieces of fabric to form a design on a larger fabric, is a delightful way to dress up a quilt or pillow. Here's how. **1** Draw your own design or use this "Flower Basket" from Ms. Wolff's instruction booklet (see below). Cut out pattern pieces on heavy paper. Arrange them on your background fabric square, outlining the design in pencil. Trace pattern pieces on the right sides of fabrics. Cut each $\frac{1}{4}$ " outside of pencil lines, making a seam allowance to tuck under when you appliqué. **2** Sew small pieces together to form one shape (such as petals to make a flower). Press. Pin pieces to shapes traced on the block. Sew, turning under seams to pencil lines. Make tiny running stitches close together, all around each piece. When sewing a curved piece, stretch fabric until it lies flat and stitch the outside or bigger curve first, the inside curve next. **3** Embroider the basket, or any similar, plain shape for eye-appeal. Press block. **4** Follow quilting steps 6 to 9, opposite page. **5** Remove basting stitches.



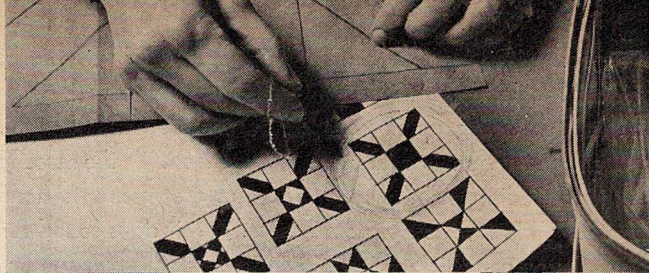
Get the appliqué and quilt patterns shown here in the "Special Patchwork Instructions for Bride's Magazine Readers," \$1.50 ppd. Write to Colette Wolff, 200 W. 82 St., N.Y., N.Y. 10024. Photos here taken at the Performers Outlet, N.Y.C.



2
HARRY HARTMAN

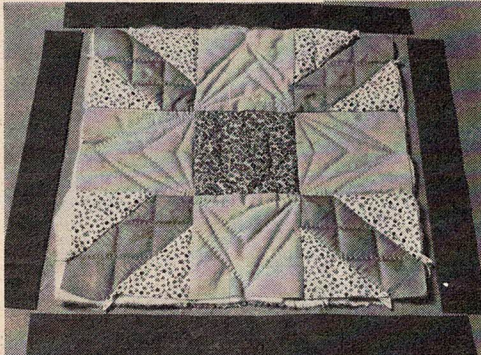


- ◆ Appliqué with double thread.
- ◆ Use fabrics of different textures and designs for extra dimension.
- ◆ Cut notches in curved fabric pieces to get smooth shapes.
- ◆ Quilt closely around appliqué to make them stand out.
- ◆ Save fabric scraps—no matter how small—for other appliquéing.

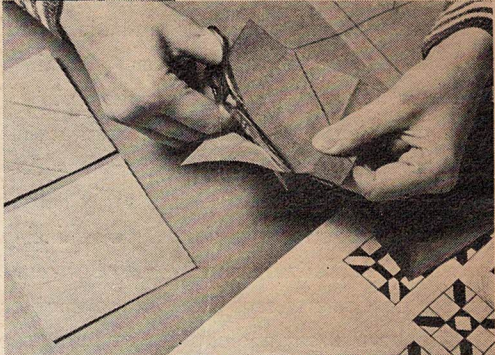


1

10



If you can sew, you can quilt. That's because quilting is just sewing layers of material together. It's fun, but the treasured results are the greatest joy. So run through the steps here, then gather your materials, and start quilting now.

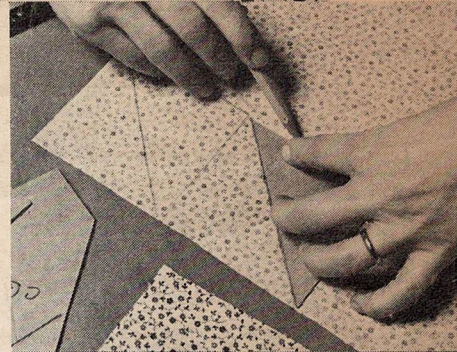


2

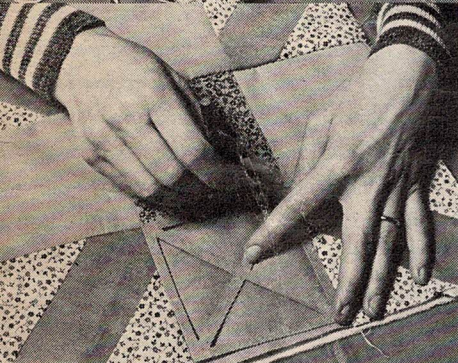
9



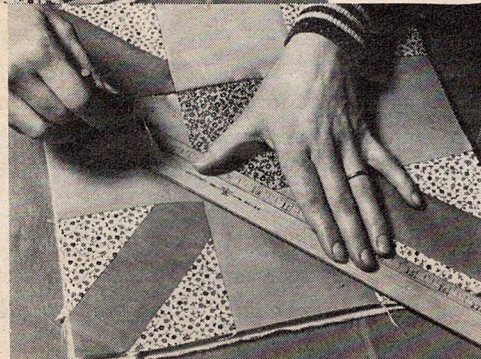
1 Pick a quilt or pillow pattern from a book or kit. Draw the design to scale on cardboard. 2 Cut pattern pieces from the cardboard. 3 Arrange cut-outs on the wrong side of each fabric in line with the grain. Trace pieces onto fabrics with pencil; cut them out. 4 Join pieced sections to form individual squares by pinning outside pieces to center piece, right sides together. Sew pieces together leaving a 1/4" seam allowance. 5 Assemble squares into rows, sewing three squares together to make one row. Then sew each row together to form a block, lining up seams evenly. Press seams closed, all in one direction. 6 Layer quilting squares—backing, middle fabric or batting (a filler for thickness), and top block. Baste all together, forming an X across the top, then sewing along the edges. 7 & 8 Mark your quilting stitch design across top of block in light, broken pencil lines, using a ruler or pre-cut quilt design. Stop 1/2" in from edges. 9 Quilt layers together with a small, running stitch. 10 Trim border with fabric strips.



3



8



Make your first quilting project a pillow or place mat—something that gets you off to a fast finish. Copy your design from a book of patchwork patterns or make up your own—filling it in with crayons to find a color scheme.



4

7

- ◆ Quilt with hand stitches, making no fewer than six per inch.
- ◆ Use white thread that shows.
- ◆ Tie thread knots small enough to pull through back, catch inside.
- ◆ Keep stitches on bottom as neat as on top for reversible quilts.
- ◆ Sew stitches loose enough to avoid pulling fabric out of shape.



6